

#### KITTY PARTY MAGAZINE



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## PERSONAL NOTE

Dear Reader

This is long overdue & I am excited to finally bring our first magazine.

Many of You are connected with us on Instagram, Facebook & LinkedIn and I would like to express my gratitude to all of you for being with us throughout this journey & for always supporting us with your likes, comments, & recommendations

While there are moments when it appears our growth is rapidly accelerating & other times when progress feels sluggish, one thing remains constant our progress is steadfast and consistent. Your presence provides me with courage & determination to persevere unwaveringly, and to never falter in my efforts.

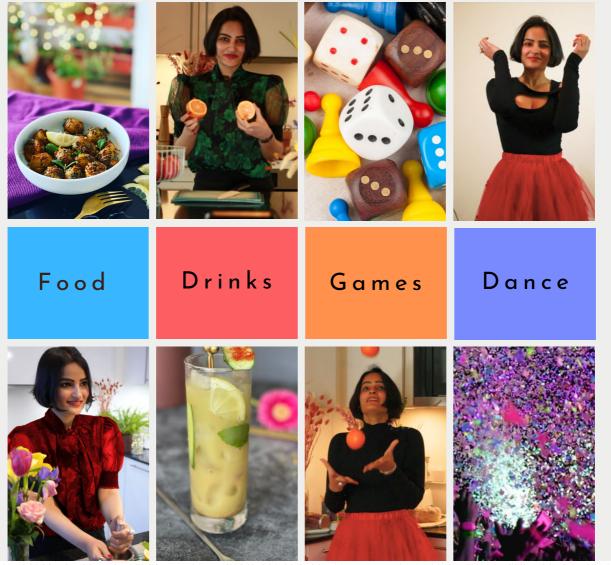
Creating unique Offline/online events that bring you joy is my passion, and it is my thrill to solve problems related to corporate events every day. Without a doubt kitty Party will ( become one of the most corporate entertainers in a very short time.

Both Online & offline events hold a special place in my heart & they are the embodiment of what Kitty Party represents. It is my sincere hope that you relish reading our magazine & leavn more about our commitment to creating events that are injused with love & kindness — two values that hold immense significance to me.

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## What's New: Virtual Events

Having hosted hundreds of Events, we are constantly evolving and seeking innovative ways to engage your teams. We firmly believe that virtual events provide a powerful platform to connect with globally dispersed teams.



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### Scavenger Hunt in the Kitchen

Join our virtual Kitchen Scavenger Hunt for interactive fun with your team! Discover new ingredients, groove to music, and learn useful kitchen tips. We promise an unforgettable and inclusive experience for all, regardless of kitchen setup or cooking level.

**Book Now** 

Book on Airbnb >

### Virtual Bollywood Themed Events

Hundreds of teams have enjoyed dancing with us! And now, on your popular demand, we are bringing the excitement and glamour of Bollywood straight to you. Get ready to immerse yourself in the vibrant colors, infectious music, and energetic dance moves that define Bollywood!

Book Now >

Book on Airbnb >





#### Smoothies for the Summer!

Summer is coming and you still want to bond with your teams but it doesn't feel so right in the heat. We bring you a lot of delicious smoothies and raw-cooking recipes to beat the heat. Check out our updated menu to explore our new offerings!

Our Menu >

## What's New: Summer Parties in Berlin

Based in Berlin, we are dedicated to entertaining teams with our latest and most innovative concepts. Our flexibility and creativity distinguish us, and we take immense pride in delivering exceptional experiences that your teams love.





#### Interactive Team Building Games

If you are in Berlin, we are bringing our exhilarating games directly to your offices or an event venue of your choice. Our games are designed to cater to all levels of intensity, from low to high. We have options that will get you up and running, as well as those you can enjoy from the comfort of your couch after a long day. So, get ready for some exciting fun!

**Book Now** 

### Launching Corporate Gift Boxes

Introducing our Corporate Boxes – a unique team bonding experience for your teams in Berlin! Our premium gift boxes are tailored to your preferences and include a wide assortment of handpicked cosmetics, snacks, stationery, themed gift items, and fun keepsakes.

Book Now



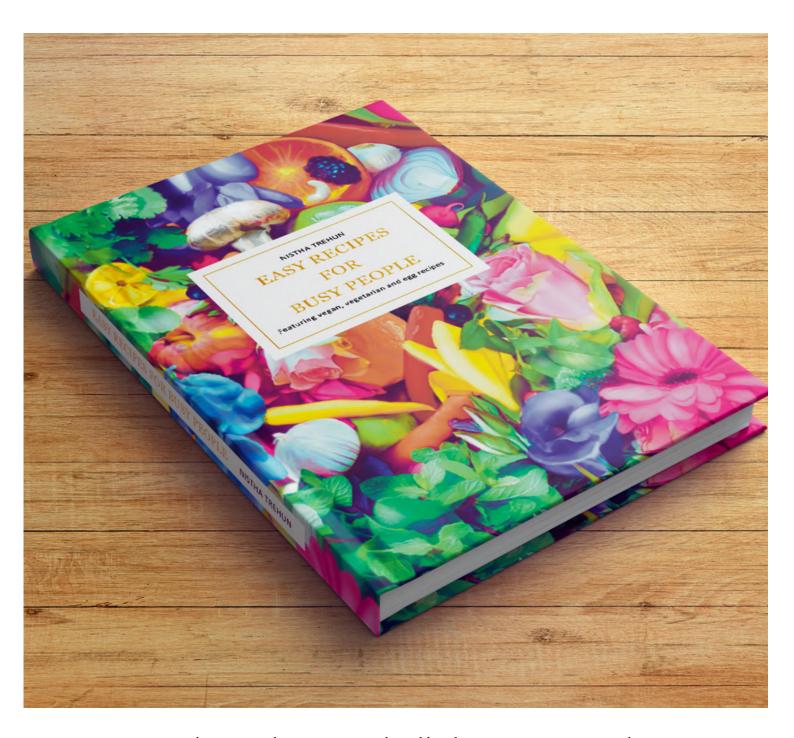


#### Food Tours for Teams

This summer, join our customized food tours only for teams in Berlin Mitte, where you spend enjoyable time with your team exploring delicacies from the best hidden eateries. Rest assured, we've personally tested and approved all the diverse food selections.

Book Now

## Recipe Book Out Now!



On your demand, we are thrilled to announce that our Recipe Book "Easy Recipes for Busy People" brimming with an exquisite collection of authentic food stories and an extensive assortment of appetizing recipes is out now!



Rise and shine in style with our delectable Scrambled Eggs recipe - the ultimate breakfast indulgence. Light and fluffy, with a melt-in-your-mouth texture, each bite is a true delight. Whether you're hosting a chic brunch with friends or simply treating yourself to a well-deserved breakfast in bed, our Scrambled Eggs recipe is the perfect way to add a touch of sophistication to your morning routine.



### Ingredients

- Eggs 2
- Butter 2 teaspoons
- Fresh Mint Leaves (finely chopped) 4 to 6
- Lemon Zest 1/8 teaspoon

### Spices

- Salt a pinch (to taste)
- Black Pepper Powder a pinch (to taste)

### Equipment

- A Pan
- A Spatula
- A Whisk
- A Knife

### Steps

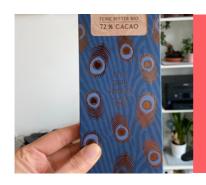
- 1. Crack two eggs and add butter in a pan on medium heat. Don't add any seasoning yet as it makes the mixture watery and ruins the texture.
- 2. Start whisking it on the heat. Take the vessel off the heat in 20 seconds, stirring all the while, and then put it back on the heat. Repeat this process 3 to 4 times, every 20 seconds, stirring continuously throughout so you get a creamy, fluffy scrambled egg.
- 3. Take the pan off the heat and add one teaspoon of milk to cool the mixture down if you see it sticking to the bottom of the pan.
- 4. Season the scrambled eggs with some salt, black pepper powder, lemon zest and mint leaves.

For more scrumptious beginner-friendly recipes

## Recent Blogs

Benefits of Virtual Team Building Events





My Love for Chocolate

Fun Virtual Bollywood Trivia Event for your Teams



New Category Launch: Health & Lifestyle



Most Recommended Devices

Tips to Maintain your Herb Garden



## Case Studies



## Onsite Event

**Underwater Themed Corporate Party in** Berlin

Read Here





When we Hosted Nine Events in a Day for "HPE Team Membership **Appreciation Day"** 



## YOUR LOVE FUELS US

### Virtual Event Review



A must have fun experience - you will learn a lot about Indian cooking, ingredients and tools used while getting a peek into Nistha's resourceful garden, and oh all this while swaying to some Bolly beats!

- Aditya, HPE

## Offline Event Review



It was amazing to work with Nistha for our Discovery Team winter party. She took care of every detail and made the whole experience very smooth, from food & drinks to venue close to the office, to games. It was just what my team needed.

- Sylvia, Delivery Hero, Berlin, Germany

## Official Youtube Channel



This is something that I have always wanted to do - start a YouTube channel where I can share aspects of my life with you all. It has been a project that has been on my mind for years, but this January, thanks to some planning and a great team, we were finally able to make it a reality. I now have a Official YouTube channel Kitty Party , which marks the fulfillment of one of my goals from my bucket list.

Kitty-Party.de Mitty Party

@KITTYPARTY\_SPICEITUP

**△** SUBSCRIBE



## Food Styling as a Hobby

o you find this picture scrumptious? Before 2020, my food didn't have that same eye-catching appeal. Long time ago, an attendee had given me feedback on one of my cooking events that my food tasted delicious, but lacked the aesthetic to match. Until that day, I hadn't cared enough for the food presentation. I said nothing, but the thought stayed with me. I tried my hand at food styling, driven by the desire to try something new. When I tried it, I instantly took a liking to it. I wasn't very creative in the beginning, after all I didn't have all the tools and resources.

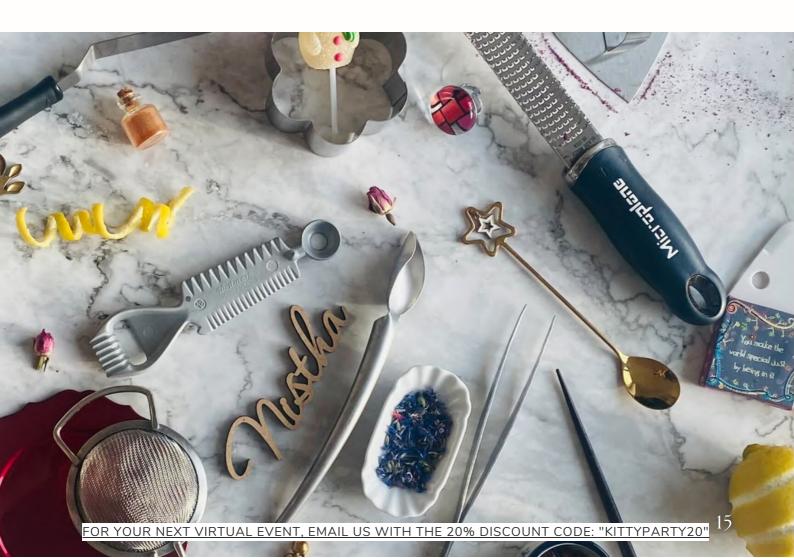
Food has always been central to my life in India. While my family focused on warmth, freshness, and flavor, food styling wasn't a priority. We made dinners special with fancy crockery and dining tables, but never put much effort into styling the food itself. However, when I started exploring food styling, I discovered the power it has to elevate the dining experience.

Whenever I had the luxury of time I observed recipe books that had aesthetic pictures and food decorations, and noticed how even the tiniest touch of finesse can elevate the look of a dish.

Even affordable restaurants here in Europe put effort into making their food look pleasing to the eye, so why shouldn't I?

The benefits of food styling go beyond just appearances. Ayurveda, the "science of life," teaches us we consume our food with all five senses, with the process of digestion beginning well before we taste our food. We are enticed by the aroma, our fingers experience the texture as we touch it, and our expectations for flavor are influenced by how the food is presented.

In fact, over 90% of the information transmitted to the brain is visual, and over 50% of the cortex is devoted to processing visual information.



The first time I experimented with a South Indian recipe idli, and I tried to add an extra layer of creativity to it by splitting it in half and adding fresh sprigs of herbs to the serving. If you scroll down my Instagram you can see my ideas evolve as I progress more.

If you always get intrigued by how people do food styling, you can start with these tools.

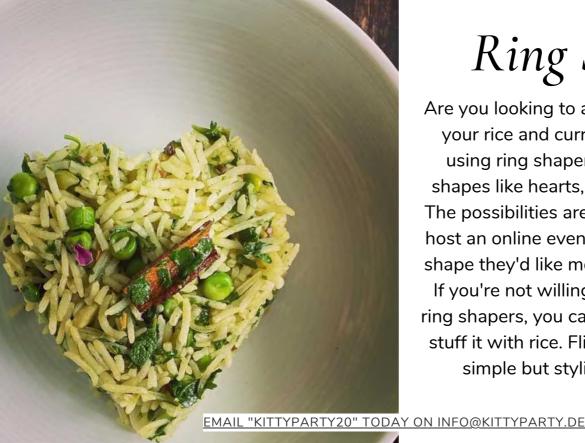
## Microplane Grater

My preferred tool for shredding cashews, orange zest, pistachios, and rose petals—all of which create lovely garnishes—is the Microplane. If you already have a grater you can use it, but if you're on the lookout for an upgrade, I highly recommend giving Microplane's versatility a try.



## Ring Shaper

Are you looking to add some creativity to your rice and curry plating? Consider using ring shapers to create various shapes like hearts, squares, and circles. The possibilities are endless! Whenever I host an online event, I let people pick the shape they'd like me to plate the curry in. If you're not willing to invest into these ring shapers, you can also use a bowl and stuff it with rice. Flip it onto a plate for a simple but stylish presentation.



### Lemon Zester

There's nothing like a ring of lemon zest to add a note of elegance to your mocktails and a pop of color to your platter. Using a lemon zester is the perfect tool for zesting citrus fruits, but it can also be used to grate chocolate shavings on top of desserts like chocolate mousse.



## Butter Curler

Don't the lovely butter curls you see in cookie advertisements make your mouth water? A butter curler can bring you that shape straight from the advertisements to your table. Impress your guests by adding frozen butter curls to your parathas and butter masala curries for that extra touch of elegance.

## Tweezer

If you would like to be specific with your decoration, you can particularly place one rose petal or lavender bud or a small chili, or a coriander leaf, this culinary tweezer comes out very handy in plating the food in patterns.





## Chopsticks

Sometimes you have a thick curry and you want to create a pattern on top. Something similar to a chopstick really helps you to draw those patterns. I always prefer wooden chopsticks over steel ones as I have observed a higher success rate in creating patterns in this way.

### Tea Strainer

A tea strainer is something you might already have lying around in your kitchen, and it can be your go-to for some simple, effortless touch of elegance. Sprinkling sugar, chocolate powder or coffee powder to create that dusty texture on drinks and desserts.



Don't underestimate the power of nuance, as it can make a significant impact on the eating experience. I take inspiration from everything around me and then implement those ideas in my food styling. I hope I was able to help you understand how fun and simple food styling can be — and perhaps even provided you a new hobby to explore.

Let's bring some flair to your food.



# A few words with Nistha

stablished in her field as one of the most unique event organisers with over a hundred satisfied clients to her I name, The Dancing Chef has cultivated her childhood love for dancing and passion for cuisine into a successful venture. With the best bartenders, caterers, DJs and premium locations for your upcoming corporate events, she also provides a diverse catalogue of online events if that suits you more.

Her innocent childhood notion of "Kitty Party" manifested into reality when she was in Korea and didn't have a work permit there. "I started organising these events as a hobby. I'm made to do this work," she says, reflecting on the past, "I can't see myself doing something else but providing solutions to corporate entertainment problems."

In retrospect of the challenges she faced during the initial days of setting her enterprise up, Nistha further talks about how she had no clue about working with finances, sales and marketing. She was new in Germany, and none of her friends were familiar with the business side of things, which led to a big learning curve in her journey. There are new challenges every day. She enjoys battling them and picking up new skills on the way.

It's touching how the event she hosted for her partner's company remains her favorite event from everything she's hosted to date. With a glint in her eye, she explains how the fact that instead of her, this time it was he who got all the messages of appreciation holds a special place in her heart.

Nistha also offers some great advice as she shares her experience with handling Kitty Party, something that people from all walks of life can put into practice. She believes that keeping an open mind towards constructive feedback is the key to success, even when it comes from one's competitors. Nistha Trehun's exceptional ambition is evident from her long-term goals. When questioned about her future plans, she goes on to say that she only plans to expand Kitty Party and reach out to as many people as she can. She intends to widen her range and host offline events outside of Berlin as well.

Nistha has always been a lively person outside of work, and that passion seeps into her professional life as well. A cheerful persona to talk to, she's resolved to provide the best value for everything she does. Her steadfast flexibility is a source of inspiration for everyone who wants to create something unique.

— Penned by Vanshika Jain

Nistha and I had a great outdoor portrait shoot. It was a pleasure working with her. Nishta is a very approachable model and extremely photogenic. I look forward to further cooperation.

### — Matthias König, Photographer

lt's ongoing awesome experience working with the most helpful, creative and fun team, so glad to be a part of it. Looking forward to contributing as well as to learn a lot of new things!

#### — Nikhil Jaiswal, Video Editor

Working at Kitty Party has been very eccentric experience. Firstly, I adore the workplace culture. Kitty Party has shown me a healthy workplace through the team's and Nistha's harmonious collaboration. Second, the work has always been enjoyable and has never felt like a burden or a source of burnout. Kitty Party has been beneficial to personal and professional development.

### — Farheen Fathima, Web Researcher & Tech Support

## A Note from the Team

As an aspiring photographer, I was excited to collaborate with Nistha on her photoshoot. Nistha had set up a space in her home with a curated collection of props to represent her cookbook. We tried various clothing options throughout the day, and Nistha had a clear idea of the shot she wanted for each composition.

I felt honored to have worked with such a passionate and talented individual. The photos we took were beautiful and captured Nistha's vision, and I was proud to have been part of the process.

### — Joseph James, Young & Aspiring Photographer

Working at Kitty Party feels effortless. The team is incredibly supportive. I am learning new skills, growing personally professionally in a collaborative work environment. So excited about future possibilities.

#### — Anagha Patil, Virtual Assistant

Collaborating with Nistha and the talented team at Kitty Party has been an absolute pleasure for me. The work culture is exceptional and every team member has contributed to my learning in their unique way. Working with Nistha is a delight; her vivacious energy transforms work into a fun-filled experience. Creating the Kitty Party's first magazine has been one of the most thrilling projects I have ever undertaken. It has been a joyous journey weaving together all the values and elements that embody the essence of Kitty Party.

— Vanshika Jain, Content Writer & Graphic Designer

I would like to express a big thank you to all those who have taken the time to read our magazine. I am immensely grateful to my team for their tireless efforts in bringing this magazine to fruition, and I extend a special thanks to Vanshika for single-handedly taking care of everything that went into creating this magazine.

Although my ultimate goal is to grace the pages of Vogue, for now, you can find me here at Kitty Party, where I am thrilled to be featured on the cover. It has always been a dream of mine, and I am overwhelmed with gratitude for all the people and factors that contributed to making it a reality.

— Nistha Trehun, Curator & Founder

### "Feel the Fear & Do It Anyways" Printable Handout

Contribution/Good Deeds	Hobbies and Leisure	Health
	1.	1.
2.	2.	2.
3.	3.	3.
Family	Alone Time and Relaxation	Personal Growth
	t.	1.
2.	2.	2
3.	3.	3.
Work	Relationship	Friends
	1.	i.
1	2.	2

This Printable Goal Sheet has been incredibly helpful in guiding me towards achieving my goals. It serves as a reminder that life is a harmony of interdependent elements, and helps me avoid putting all my efforts into just one aspect of my life.

Get your hands on this Goal Sheet now and witness the transformative impact it can have on your life.

Many people are already using it to organize their plans, and you too can take the first step towards achieving your goals today!

You can also fill your goal sheet with me!



### Happy Teams are the most Productive ones!

Get your copy of Easy Recipes for Busy People here!

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Discover the enchanting cities of Leuven and Mechelen, Belgium, where rich history and stunning

Videos Play all

## Official Youtube Channel Kitty Party

@KITTYPARTY SPICEITUP







This is something that I have always wanted to do - start a YouTube channel where I can share aspects of my life with you all. It has been a project that has been on my mind for years, but this January, thanks to some planning and a great team, we were finally able to make it a reality. I now have a Official YouTube channel Kitty Party, which marks the fulfillment of one of my goals from my bucket list.